

Hot Chocolate	Fat	Carbs	Fiber	Net Carbs	Protein	Cals	Price	Cals	Cost
Hot Chocolate with Splenda	1	3	1	2	15	80	8.50		
Hot Chocolate w/ Marshmallow w/ Splenda	1	4	1	3	15	85	8.50		
Variety Pack Hot Chocolate	0.5	3	1	2	15	80	8.50		
Amaretto Hot Chocolate	0.5	4	1	3	15	80	8.50		
Cinnamon Hot Chocolate	0.5	4	1	3	15	80	8.50		
Raspberry Hot Chocolate	0.5	4	1	3	15	80	8.50		
Mocha Hot Chocolate	0.5	5	1	4	15	80	8.50		
Mint Hot Chocolate	0.5	4	1	3	15	80	8.50		
Protein Drinks/Shake w/ Splenda	Fat	Carbs	Fiber	Net Carbs	Protein	Cals	Price		
Tropical Fruit Concentrate (7/Box)	0	2	0	2	15	68	10.00		
Orange Drink Concentrate (7/Box)	0	2	0	2	15	68	10.00		
Kiwi-Melon Drink Concentrate (7/Box)	0	2	0	2	15	70	10.00		
Grape Drink Concentrate (7/box)	0	2	0	2	15	68	10.00		
Fruit Punch (7/Box)	0	2	0	2	15	68	10.00		
Pink Lemonade (7/Box)	0	3	0	3	15	72	10.00		
Proticcino (7/Box)	0.4	5	0	5	15	83.6	8.50		
Cran Grape (7/Box)	0	1	0	1	15	70	8.50		
Lemon Razy (7/Box)	0	1	1	0	15	70	8.50		
Pineapple Orange (7/Box)	0	0	0	0	15	60	8.50		
Wild Berry (7/Box)	0	2	0	2	15	70	8.50		
Strawberry Kiwi (7/Box)	0	1	0	1	15	70	8.50		
Chocolate Instant Drink (7/Box)	1	3	0	3	15	80	8.50		
Orange Powdered (7/box)	0	1	0	1	15	64	9.00		
Chocolate Pudding/Shake (7/box)	0.5	5	0	5	15	84.5	10.00		
Vanilla Pudding/Shake(7/box)	0	5	0	5	15	80	10.00		
Vanilla meal replacement shake (7/box)	3.5	21	1	20	35	251.5	19.00		
Proticcino Shaker (single serving)	0.4	5	0	5	15	83.6	1.65		
Wildberry Splash Shaker (single serving)	0	2	0	2	15	68	1.65		
Pineapple Orange Shaker (single serving)	0	0	0	0	15	60	1.65		
Kiwi Strawberry Twist Shaker (single serving)	0	1	0	1	15	64	1.65		
Grapefruit (single serving)	0	3	0	3	15	70	1.65		
Cran-Grape Shaker (single serving)	0	1	0	1	15	64	1.65		
Chocolate Shaker (single serving)	0	3	0	3	15	72	1.65		
Protein Drinks/Shake w/ Aspartame	Fat	Carbs	Fiber	Net Carbs	Protein	Cals	Price		
Wildberry Passion (7/box)	0	3	0	3	15	72	10.00		
Peach Mango (7/box)	0	2	0	2	15	68	10.00		
Pineapple Orange (7/box)	0	3	0	3	15	72	10.00		
Grapefruit (7/box)	0	3	0	3	15	72	10.00		
Lemon (7/box)	0	1	0	1	15	64	10.00		
Chocolate Pudding/Shake (7/box)	2	6	1	5	15	98	10.00		
Vanilla Pudding/Shake (7/box)	2	5	0	5	15	98	10.00		
Protein Bars w/ Natural Sweeteners	Fat	Carbs	Fiber	Net Carbs	Protein	Cals	Price		
Carmel Nut (7/box)	4.5	15	0	15	15	160.5	10.50		
Coconut Almond (7/box)	5	14	1	13	15	157	10.50		
Supreme Peanut Butter (7/Box)	5	14	2	12	15	140	10.00		
Chocolate Marshmallow (7/box)	4.5	12	1	11	15	150	10.00		
Peanut Butter (7/Box) Reeses PB Cup Clone	6	12	0	12	15	160	10.00		
Double Peanut (7/box)	4.5	16	3	13	15	160	10.00		
Chocolate Peanut Dream Crispy (7/box)	5	21	3	18	15	170	10.00		
Lemon Mirage Crispy (7/box)	3.5	18	3	15	15	151.5	10.00		
Cinnamon Raisin Crispy (7/box)	4	16	2	14	15	152	10.00		
Double Chocolate Crispy (7/Box)	4.5	16	3	13	15	160	10.00		
Peanut Crispy (7/Box)	4	14	3	11	15	130	10.50		
Blueberry Pomegranate Crisp (7/Box)	2.5	14	3	11	15	130	10.50		
Chocolate Crisp (7/Box)	3.5	14	3	11	15	130	10.50		
Nutiva Flax Raisin	15	15	4	11	7	200	1.99		
Nutiva Flax Chocolate	12	19	5	14	6	200	1.99		
Nutiva Hemp Bar	14	11	5	6	9	210	1.99		